

### ABSTRACT OF THE DISCLOSURE

An archery bow breech structure having a bowstring keeper and a trigger for releasing the drawn bowstring solely by the physical action of the shooter, wherein a spring mechanism is provided which functions to impart a lost motion action to the pull at a preselected drawstring pull force, wherein the trigger is designed to be pulled by the shooter in an axial direction during the lost motion action and as the result of the lost motion movement of the shooters hand rather than by any independent manipulation of the trigger by the shooter fingers.